

# THE STREETER WOODS REPORTER

## 2007 Annual Report



**D Acres** of New Hampshire  
Organic Farm & Educational Homestead

www.dacres.org

info@dacres.org

(603) 786-2366

### Reflections on 2007...

The fields and forests of D Acres were stewarded by many new hands and hearts this year. Executive Director Josh Trought was joined by new Farm Managers Lauren Buyofsky and Bill Errickson in January. Louis Holland, who has found himself in the role of Hospitality & Livestock Manager, returned to D Acres in February after spending 9 years in North Carolina. Morgan Casella, a 2006 D Acres intern, returned to the farm as a Garden Supervisor for the 2007 growing season. Kevin Wall and Sarah Hall have also come on board as residents of D Acres, and Joe Vachon joined the community as a blacksmith artist-in-residence this fall. The farm hosted interns and apprentices from around the world, ranging in age from 4 to 64 years old! The diversity of the group brought a productive yet lighthearted energy to the farm, and all members of the community learned a great deal from the people and the land.

The Year of the Northern Forest was celebrated with workshops ranging from native bird and medicinal plant identification to wooden spoon crafting and trail construction. A new pasture for August and Henri, our working oxen team, was completed, and the power of community built multiple large trail bridges and began construction on a new greenhouse. Mark Fulford joined farmers and community members for a two-day workshop at D Acres titled "Soil Nutrition from a Plant's Eye Point of View," and D Acres learners and staff studied with professionals in agriculture at a number of conferences and events off-site throughout the year. D Acres partnered with Plymouth State University to develop an on-site weather monitoring station that provides real-time weather data to PSU and provides the D Acres community with temperature, moisture, wind, and other climatic readings for multiple areas of the farm. In addition, we can now monitor the output of our two solar hot water rooftop panels, which supplement our wood-fired hot water furnace. With the hopes of further developing the local food sustainability of the Pemi-Baker Valley area, D Acres produced the first edition of a local food guide, to be expanded in 2008!

With the 2007 growing season nearly behind us (the greenhouse kale is still going!), the energy at D Acres has shifted toward 2008, the Year of Gardening for Health, Cultivating Wellness. The winter gives time for rest and reflection, but also for planning, fundraising, and grant writing, and the animal chores and forestry work are continued through the snow. The community is looking forward to a new influx of learners, a new crop of vegetables, and to surprises that 2008 will inevitably bring...

-L.B.



D Acres of New Hampshire  
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218 Streeter Woods Rd.  
Dorchester, NH 03266

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2008 is the year of  
Gardening for Health,  
Cultivating Wellness

## The Mission

of D Acres is to improve the human relationship with the rural New England landscape through farm-based research, education, and demonstration of sustainable farming, cooperative community, and healthy living.

## Staff

Josh Trought, Executive Director  
 Lauren Buyofsky, Farm Manager  
 Bill Errickson, Farm Manager  
 Louis Holland, Hospitality & Livestock Manager  
 Morgan Casella, Garden Supervisor

## Board of Directors

Brian Eisenhauer, Chairman  
 Kevin Wall, Vice Chairman  
 Elizabeth Trought, Treasurer  
 Kel Rossiter, Secretary  
 Michelle Dunn  
 Brett Durham  
 Mike Long  
 Brian Marsicovetere  
 Chip Mauck  
 Jim Merkel  
 Judi North



## Financials: January 1 to December 31, 2007

Income	
<b>Community Support</b>	
Individual Contributions	\$27,144.42
Business Contributions	\$950.07
Foundations	\$19,700.00
Federal Grants	\$5,800.00
In-kind Gifts	\$10,601.13
Membership Dues	\$5,687.00
Fundraising Events	\$4,379.96
<b>Total Community Support</b>	<b>\$74,262.58</b>
<b>Agricultural Programs</b>	
General Education	\$22,271.50
Classes & Workshops	\$9,020.90
Farm Product & Ag Sales	\$23,382.85
<b>Total Income</b>	<b>\$128,937.92</b>

Expense	
Personnel	\$43,379.93
Animals	\$6,513.90
Advertising	\$3,082.08
Dues	\$2,345.32
Farm Ops	\$26,730.87
Insurance	\$5,972.62
Occupancy	\$23,091.02
Prof. Fees	\$8,844.90
Vehicles	\$3,892.51
Weather Station	\$2,266.91
Miscellaneous	\$218.78
<b>Total Expense</b>	<b>\$133,173.27</b>



## D Acres of New Hampshire

Organic Farm and Educational Homestead

www.dacres.org info@dacres.org (603) 786-2366

## Become a Member Today!

Members of D Acres are at the heart of the organization. Memberships and donations (tax-deductible) are a fantastic way to directly support the educational activities at the farm. Please consider purchasing a membership for yourself and/or a young person who might benefit from the programs that we offer. Members save **25%** on D Acres workshops and classes, **10%** on hostel fees, and are honored at our **Member Celebration dinner**, held annually during the height of the fall foliage season.

To become a member, or to renew a membership, please mail this completed form, with payment, to:  
 D Acres of New Hampshire, P.O. Box 98, Rumney, NH 03266

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, ZIP: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

E-Mail: \_\_\_\_\_

Preferred contact method: mail E-mail

\_\_\_\_ Student, Senior, Low Income (\$15)

\_\_\_\_ Individual (\$25)

\_\_\_\_ Family (\$35)

\$ \_\_\_\_\_ Additional Donation to support D Acres educational programs

Corporate Employer Match: Yes No

Name of company: \_\_\_\_\_

Total Donation: \$ \_\_\_\_\_

**THANK YOU**

# THANK YOU

*D Acres would like to acknowledge the generosity of our members, sponsors and donors, all of whom help to make all we do here at the farm possible. We greatly appreciate your support throughout the year!*

Brenda and Bob Akerman  
 Rich Angell  
 Phil Aroneanu  
 Marilyn Ashley  
 Catherine & Rowe Ashley  
 Laura Bagwell  
 Amey & Scott Bailey  
 Patti Bailey & Jerel Harris  
 Jim Ball  
 Meredith Barret  
 Sarah Bartz & Jeff Oehlert  
 Galen Beach  
 Daniel J. Bergeron  
 Amy Beston & Ben Morgan  
 Sally Bevan & Cindy Deal  
 Joe Bish & Becca Rodomsky  
 Ann & Tom Blair  
 Shaughn Bolton  
 Olga Bowen  
 Jay & Robin Boynton  
 Dan Brand  
 Maggie Brox  
 Scott Bullard  
 Artie & Diana Burdette  
 Karen, George, & Lisa Buyofsky  
 Carrie Byrne & Family  
 Frank Casella  
 Tracy Cato  
 Sho Chang & Family  
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 Debra Collura  
 George Conkey  
 Martha Copithorne  
 Steve Crane  
 Roy Dellacrioux  
 Nancy Donahue  
 Maynard Weston Dow  
 Pauline & Win Duke  
 Richard & Bonita Dundas  
 Daniel Dunfey  
 Brian & Audrey Eisenhauer  
 Gisela & Paul Estes  
 Lillian Etmekjian  
 Bryan Felice,  
 Industrial Timber Framing  
 Karen Finogle  
 Phyllis Fox, Fox Hollow Farm

Joss & Karen French  
 Amy and Carol Friedrich,  
 Currier Brook Farm  
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 Margot Garcia  
 Ken Gould  
 Shannon Green  
 Meagen Grundberg  
 Jonathan Hall & Lynn Durham  
 Danielle & Jamie Hannon  
 William F. Haring III  
 JoEl Heathcote  
 Barry, Jen, & Sabrina Heney  
 John Hession & Valerie Michaud  
 Sandy & Alan Hodsdon  
 Mike Hohn  
 David & Anna Holland  
 Mary Ellen & Jim Holland  
 Abby Holm  
 Mike Iacona  
 Michael and Gisela Jakubowski  
 Brian Kendrick  
 Ronda Kilanowski  
 Tim, Dawn, & Paul Korade  
 Jessica Lee  
 Jay Legg & Family  
 Kevin Leshane  
 John & Sarah Lester  
 Karen Limoges & Family  
 Mike Long  
 Kevin Maass & Michelle Dunn  
 Dara & Mike MacDonald  
 Michael and Justine Majeski  
 Janis Mallard & Jim Evans  
 David F. Mann  
 Brian Marsicovetere  
 Charles Martel  
 Suzanne Martin  
 Chris & Simone Matera  
 Chip Mauck, Sunweaver  
 Mary and Warren McGoldrick  
 Paul McGoldrick  
 Colleen, Anastasia, & Armand  
 Hardin  
 Ryan McMahon  
 Ruth Miller  
 Sam, Virginia, & Julia Miller

Marion Mills  
 George & Martha Morrill  
 John Morrissey  
 Mark, Janice, & Catherine Nelson  
 Judi, Greg, & Jesse North  
 Jessica Novack  
 Judith Olsen  
 Maren Olsen & Tim Mori  
 Plymouth Area Renewable Energy Initiative  
 Charles & Barbara Pioli  
 Nancy & Mike Primeau  
 Len & Denise Reitsma  
 Dana Riccoboni  
 Laura & Gil Richardson  
 Bob & Celine Richer  
 Phyllis Rockwell  
 Kel Rossiter  
 Nancy & Jerry Roy  
 Paul & Mandy Ruest  
 Mary Ann Ryder & Gladys Rose  
 Olivia & Jack Saunders  
 Danni Simon & Barrie Sawyer  
 Joel & Deborah Slocum  
 Mark & Daisy Sorice  
 Slim Spafford & Sherry Nelson  
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 Heidi & Bill Tomford  
 Betty Ann & Bill Trought  
 Louise Turner  
 Upper Valley League of Women Voters  
 Tom & Peg Vachon  
 Marika West  
 Lili Whitin  
 Anthony Zacchino  
 Lee Ann, Louie, Jeremiah, & Benny Zeoli

## Planned Giving

Elizabeth & William Trought



**Special thanks to KTM Auto  
 of Plymouth, NH for their waste vegetable oil  
 conversion expertise!**



# 2008 is the Year of Gardening for Health, Cultivating Wellness



The U.S.A. is in the midst of a health crisis. We are seeing increasing incidences of diabetes, obesity, and cancer evident even in our children. While our health problems rise in number and severity, we are simultaneously polluting and depleting our natural resources. In a society where the stress levels in our daily lives continue to skyrocket, antibiotic resistance is rampant, and healthcare is becoming less and less affordable, we need solutions that are holistic, ecological, and community based.

The current state of our society has inspired the D Acres community to adopt "Gardening for Health, Cultivating Wellness" as the theme of our educational programs in 2008. Our annual workshop series will include experiential learning opportunities in medicinal and at risk plant species identification and use, whole foods cooking and nutrition, gardening as exercise, soil building, and the benefits of organic and local foods. A special herbal medicine mini-series, "**Plant Guided Ways to Wellness: An Introduction to Herbal Medicine**" will be offered over the course of three Saturdays at D Acres in conjunction with Plymouth State University's Frost School Community Education program and Wise River Herbals. In culmination of the year of Gardening for Health, Cultivating Wellness, **D Acres will host a weekend-long "Cultivating Wellness" Conference on September 13th and 14th, 2008.** The conference will feature practical events and educational opportunities on our 180-acre working organic farm. This event will be a celebration of land stewardship and community wellbeing in the White Mountains of New Hampshire, and is designed to educate the general public in our region about the link between the health of the people and the health of the land while providing a sense of wellbeing for all in attendance. We are thrilled to have a growing list of prominent New England herbalists, nutritionists, yoga practitioners, massage therapists, and holistic living experts who will join us as conference presenters and practitioners. Please contact D Acres (info@dacres.org 603-786-2366) if you are interested in participating in the 2008 Cultivating Wellness conference!

*To learn more about the year of Gardening for Health, Cultivating Wellness, please visit our web site: [www.dacres.org](http://www.dacres.org)*



## D ACRES WISH LIST FOR 2008:

Greenhouse	Excavator	Laptop	Oven mits
Watering cans	Front-End Loader	Answering machine	CB Radios
Wheel barrows	Blacksmith tools	Office supplies	Bike Pump
Non-glossy newspaper	Anvil & Welder	Overhead projector	Maple syrup
Ink-free cardboard	Ceramics Tools	Volunteers	collection equipment
Mulch hay & leaves	Cutting Torch	Metal Roofing	Evaporator
Grass clippings	Carriage bolts & nuts	Bread Pans	

# The D Acres Intern Experience...

-Kathryn Daly, D Acres Intern 2007

I wake up to the sound of birds chirping and the sun warming the air. I stumble out of my sleeping bag and gaze at the forest outside of my treehouse window. It is beautiful. I lazily walk up the trail smelling the fresh air and feeling the cool breeze of a summer morning. As I cut through the flower garden, I think to myself that I have not felt this peaceful in a long time. I am greeted inside the community building by interns and staff enthusiastic to begin working. I grab a basket and head to the bean patch...

I graduated from the University of New Hampshire with a degree in Environmental Conservation and was searching for some hands-on experience that could offer solutions to all the problems I had been learning about. A sustainable living class really changed the way I viewed our society and how I wanted to live my life. I realized I had gone along with many of society's "norms" without ever challenging them. Whether it was eating food from distant countries, driving my car when I could walk, or buying clothes simply because they were on sale, I had been brought up in a country where consuming is what we are taught to do. School subjects prepared me for a college that would get me a job so I could make money to buy things. Realizing this, I felt betrayed. Why did it take me over twenty years to learn the joys of community and nature? Why did I not know what a cucumber looked like, and that it grew on a vine, or that cabbage and broccoli are related? I had never nurtured a plant from seed to harvest. I believe that food plays an important role in our lives. It keeps us healthy, connects us to the land where we live, and is vital to building a sense of community. I felt a desire to take back the control I had lost over where my food was coming from. I began researching farm internships and applied to D Acres when I received an email from my department about the program. I originally did not expect to be exposed to the multiple facets the educational farm has to offer, but the experience was more than I could have asked for.

I will never look at food the same way again. I started work at D Acres at the end of May and stayed until mid-October, so I was fortunate to experience many of the changes in the gardens that follow the progression of the seasons. From weeding, to composting, to planting, to watering, we put a lot of our energy into our plants. At the same time, I was amazed at the amount of food we were able to produce in this harsh northern climate and rugged mountain terrain with our human energy. After having spent a summer eating fruits and vegetables that I grew and picked, I am eager to grow my own food again.

As with food, I will never look at community the same way again. D Acres is an interesting mix of people who each have a different story and reason for coming to stay at the farm. Reflecting on my five months here, I was able to experience how a person arriving or leaving can completely change the atmosphere of the place. People bring their own knowledge, personalities and ambitions. It was interesting to see improvements in D Acres as knowledge is passed down and new people create new scenarios that can be learned from. Just as hard as we worked, we also understood the importance of time for relaxation and fun. From swimming holes, to fires, to playing music, to dancing, I laughed and smiled the summer away. I remember coming to D Acres not knowing what to expect and now I will leave remembering the beautiful gardens, the peaceful woods, and the energy of all the people I met while I was there.



Intern Kat Daly in the Three Sisters garden, 2007

## Education at D Acres in 2007

**The Year of the Northern Forest was a great success.  
We extend our thanks to the generous supporters of D Acres'  
workshop series and educational programs.**

Visitors: 2,260

Interns & Apprentices: 18

Volunteer Hours: 742

People on a Farm Tour: 349

Workshops: 37

Classes: 52

Community Events: 42

Agnes M. Lindsay Trust  
Anne Slade Frey Charitable Trust  
Benjamin Cohen Trust  
Cafe Monte Alto  
Community Guaranty Savings Bank  
Foundation for Sustainability & Innovation  
High Mowing Seed Company  
Mascoma Savings Bank Foundation  
McIninch Foundation  
NH Electrical Co-op  
NH Trails Bureau  
The Gemini Fund of the  
NH Charitable Foundation  
Sustainable Agriculture Research and  
Education Program  
Plymouth State University  
OnSite Computer Services  
The Robin Colson Memorial Fund  
USDA EQIP

## 2007 Agricultural Production

**At D Acres, our integrated organic farm system incorporates various aspects of permaculture and biodynamic gardening. Animals play a role in contributing food, labor, and compost to the system. Biodiversity is key in our gardens, which include over 200 species of annual vegetables, perennial fruit and nut trees, berries, and medicinal herbs.**

Produce Harvested: 3,506 lbs

Eggs Produced: 3,876    Piglets Raised: 37